

Awakening to Christ:
An Advent Journey
of Reflection and Renewal

Would you like to sit together for about an hour to discuss a video to assist you in your journey of reflection and renewal this Advent?

Overview:

During the four weeks of Advent, St. Francis of Assisi Parish invites parishioners to embark on a spiritual journey of preparation and rediscovery. Each Wednesday, participants will watch a short Advent reflection by Bishop Robert Barron through Word on Fire and then gather to discuss its spiritual and theological significance in light of the Sunday readings.

Together we will explore:

- The three dimensions of Advent – Christ’s coming in history, in mystery, and in glory.
- The call to repentance and renewal – preparing a straight path for the Lord.
- The joy and peace of Gaudete Sunday – a foretaste of the Savior’s nearness.
- Mary’s faithful “yes” – the model of discipleship and openness to God’s will.

This program offers a time of prayerful reflection, learning, and fellowship as we await the coming of Christ.

What You Need to Do:

The meeting (minimum attendance of 10 persons) will be in the church of St Francis of Assisi, Frankford, 300 Riverside Parkway, Frankford, on **Wednesday 26th November at 10am.**

If you are interested in attending, send an email NO LATER than Wednesday 19th November to confirm: stfrancisofassisi@archkingston.ca. If I get 10 people to commit by email, I will go ahead with it. I will let you know by email whether the meeting is on or off.

You Must Watch the Video Before Coming to the Meeting otherwise you will not know what the group is talking about. Make notes for yourself and be prepared to talk about what you hear in the video which inspires and motivates your journey of reflection and renewal this Advent.

The first video available (14 minutes long) through YouTube is:
Week 1 – First Sunday of Advent: Three Dimensions of Advent
(Bishop Robert Barron)

<https://www.wordonfire.org/videos/sermons/three-dimensions-of-advent/>

QR Code

